



## SUPER ROOTABILITIES DISCUSSION GUIDE

### **ABOUT THE BOOK:**

This beautifully illustrated picture book gives foodies and families alike a rare resource to help familiarize children with vegetables, fruits and other plant-based foods – in a way that is FUN, hilariously entertaining and packed with magical adventure and surprise.

### **SUGGESTED QUESTIONS:**

1. Prior to reading, ask the children what they notice about The Rootlets. Ask if they recognize and can name the vegetables that make up the Rootlets hair? Ask them what they know about these vegetables. After reading, find out what surprised your children. Was anything new or interesting to them?
2. Discuss where The Rootlets live. What makes Planet Planted different from Planet Earth? Did your children notice anything unusual?
3. What new words did children hear or learn in the story? What do these words mean? What words did they like?
4. Ask your children what in the story made them laugh and why? Who is their favorite character(s) and why?
5. What did your children notice about the legend book? Are legends real?
6. What do your children think it would be like to be a super hero with super Rootabilities? What Rootability or super power would your children like to have? What qualities would make someone a good super hero? What do they think would be fun/hard/interesting about being a super hero?
7. Who are other famous super heroes that your children know about?
8. Why do your children think that The Rootlets have Rootabilities?



9. In the book, The Rootlets drink green power juice boxes for energy. What do your children think could be in the green power juice boxes? Why might this drink give The Rootlets energy? Do your children think that people on Earth could/should drink green juice? Why or why not?

10. How did The Rootlets use their imagination when they were trying to discover their Rootabilities?

11. In the book's introduction it said that Yammy Grammy picked Brocc, Carrotina, Cornelius and Kaley from the ground when they were little sprouts, do your children think that Yammy Grammy knew about The Rootlets super Rootabilities? Why do they think that she picked them?

12. Why was this such an important day for The Rootlets? What did they learn? What adventures do your children think lie ahead for The Rootlets?

Do your children think that Yammy Grammy has a Rootability?

Why or why not?



### **EXTRA:**

Ask your children to describe an important day that they had. What did they learn?

What exciting adventures do they think lie ahead for them?